

REDUCING THE RISK OF AN OVERDOSE



- Use with people you trust
- Start with a test dose – a small amount to test the strength of your drug
- Test your drugs before using with a test strip or by sending a sample to WEDINOS
- Avoiding mixing with other substances
- Always carry naloxone



**If you or anyone else is unwell call 999
or seek medical help straight away**



**Carry Naloxone - contact your
local service or order a kit online**

www.turning-point.co.uk/overdose

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